



"In His Own Words" by Fernando Antelo, M.D.'07

The David Geffen School of Medicine at UCLA provides many opportunities for medical students to be involved in the community. I volunteered with numerous programs when I was a student, such as the Mobile Clinic Project at UCLA and the Latino Medical Student Association's Lennox Health Fair. Now, as a pathology resident at Harbor-UCLA Medical Center, I continue to look for clinical volunteering opportunities, especially with organizations that provide comprehensive primary and mental-health services to the homeless and underserved residents of Skid Row, East Los Angeles and surrounding communities.

Having gone to high school just a few minutes away from Joshua House Clinic, the Skid Row location of the Los Angeles Christian Health Centers (LACHC), I was eager to participate and serve in a neighborhood that played a role in my formative years. On April 6, I jumped in with both feet as a one of the 15 volunteer physician-providers at LACHC's Foot Washing Clinic. During the five-hour event, 375 individuals with chronic conditions had their feet washed and treated. I experienced a great sense of satisfaction and look forward to the next event on Nov. 21.

LACHC is a Federally Qualified Health Center. For more information, visit www.lachc.com To volunteer, please contact Cheryl Barnes at cbarnes@lachc.com or Jimmy Lam at jlam@lachc.com.



Fernando Antelo, M.D.'07 with patient during LACHC Foot Washing Clinic.